



## Broward County Government Newsletter

January 2020  
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### Community Care Plan, "the health plan with a heart"

#### January is National Glaucoma Awareness Month

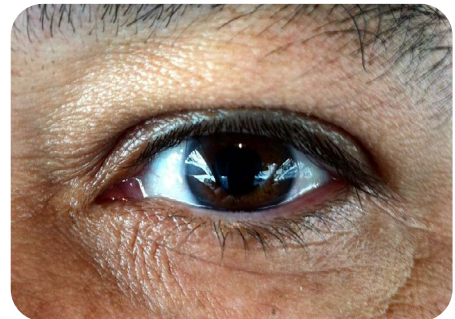
Glaucoma is a group of eye diseases, that can be identified through a comprehensive dilated eye exam. Glaucoma can cause vision loss and blindness. Glaucoma does not have any symptoms at first, which is why some people do not know they have it. Glaucoma damages the optic nerve in the back of your eye. The most common type of Glaucoma is open-angle Glaucoma. Early detection of Glaucoma can lead to early treatment and protect your vision.

What puts me at a higher risk for Glaucoma?

- Being over the age of 60
- African American and Hispanic/Latino adults over 40
- A family history of Glaucoma

What are the sudden symptoms of Glaucoma?

- Extreme eye pain
- Nausea/Upset Stomach
- Blurry Vision
- Red Eyes



*If you experience these symptoms go to a doctor, urgent care, or emergency room.*

How do you treat Glaucoma?

- Medicines such as prescription eye drops.
- Laser treatment to lower pressure in the eye.
- Surgery to drain the fluid out of the eye if medicine or laser treatment does not work.

Source: [www.nei.nih.gov/learn-about-eye-health/eye-conditions-and-diseases/glaucoma](http://www.nei.nih.gov/learn-about-eye-health/eye-conditions-and-diseases/glaucoma)

*Always consult your physician before making changes to your lifestyle or healthcare routine. This information is available for free in other languages. Please call Member Services at 1-866-224-5701 Monday – Friday 8:00am – 7:00 pm EST. For hearing impaired assistance call: TTY/TDD 1-855-655-5303. Si usted necesita esta información en Español llame al 1-866-224-5701 TTY/TDD 1-855-655-5303 de Lunes a Viernes desde las 8:00am a 7:00pm EST. Si ou vie resevwa enfomeseyon sa en Kreyol rele nimewo telefon sa 1-866-224-5701 TTY/TDD 1-855-655-5303 Lendi jiska Vandredi de 8:00am a 7:00pm EST.*